



PSHE is learning to live a confident, healthy and independent life.

PSHE (Personal, Social, Health and Economic)

“Children are not things to be moulded, but are people to be unfolded.” Jess Lair

At Hollyfield, our PSHE curriculum is designed to help pupils develop essential life skills and knowledge that support their personal development and well-being. Through a carefully structured programme, we equip children with the tools they need to thrive both in, and beyond the classroom. Through engaging discussions, role-playing, and interactive activities, pupils learn to navigate social situations, make informed choices, and appreciate the importance of both physical and mental health. Our aim is to foster a safe, inclusive, and respectful environment where every child feels empowered to grow and succeed.

We use the SCARF (Safety, Caring, Achievement, Resilience, Friendship) scheme to enhance our PSHE provision, ensuring a consistent and comprehensive approach across all year groups. SCARF provides a framework that supports our pupils in becoming thoughtful, informed, and responsible individuals.

Our PSHE curriculum is further enriched through a range of whole-school initiatives, including diversity assemblies, the NSPCC PANTS rule, visits from external speakers, and the active involvement of our Eco Council and School Council. These opportunities, along with our strong focus on British Values, help pupils develop a deeper understanding of community, responsibility, and respect for others.

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Life Education

SCARF



Links to documents:

- [Relationships Education, Relationships and Sex Education and Health Education guidance](#)
- [PSHE Knowledge Organisers Y1-6](#)
- [PSHE Progression of Skills](#)
- [PSHE-Long Term plan](#)