

“Sport teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose - it teaches you about life.”

- *Billie Jean King*

Billie Jean King is a former tennis player from America. She is seen by many players as one of the greatest female tennis players of all time.

Our physical education scheme of work enables our children to meet the end of key stage attainment targets outlined in the National Curriculum in a fun and engaging way. PE is an integral part of school life at Hollyfield. It is designed to foster a lifelong love of physical activity and healthy living. Through a diverse range of sports, games, and fitness activities, our children develop crucial motor skills, coordination, and teamwork. We enrich our PE curriculum through teaming up with Wilson Stuart Active Society which enables us to take part in many competitive and non-competitive events with other local schools. We also work closely with Aston Villa Football Club who provide us with exciting lessons, staff CPD sessions and after-school activities. Beyond the physical benefits, PE also plays a vital role in building confidence, resilience, and sportsmanship, encouraging our children to push their boundaries and celebrate each other's achievements. We believe that our dynamic and inclusive PE curriculum empowers every child to discover their potential, promoting well-being both inside and outside the classroom.



Links to documents:

- [National Curriculum - Physical education key stages 1 to 2](#)
- [Skills and Knowledge Progression Ladders](#)
- [Vocabulary Pyramid](#)
- [Long term progression map](#)
- Knowledge Organisers: [KS1](#) - [Lower KS2](#) - [Upper KS2](#)
- Movement websites [GoNoodle](#) [Danny Go!](#)
- Planning website – [Get Set 4 PE: : Lesson Plans and Schemes of Work](#)
- Wilson Stuart events - [WSAS Events - Wilson Stuart Active Society](#)